

ASBELL

HEALTH STRATEGIES

Laura Asbell, PhD

Current Positions:

Clinical Psychologist, Asbell Health Strategies
Management and Organizational Consultant

Professional Services: *Clinical Psychology, Management and Organizational Systems*

Professional Licensing and Certification:

Psychologist, Washington, License Number PY 00001310
Psychologist, Idaho, License Number PSY-279
National Register of Health Service Providers in Psychology, Certificate Number 41289
ASPPB Certificate of Professional Qualification in Psychology, CPQ Number 4319 ASPPB
Interjurisdictional Practice Certificate, IPC Number 4319

Professional Organizations and Activities:

Washington State Psychological Association

Chair, Ethics and Professional Standards Committee
Past President
Past Treasurer, Board of Trustees
Past Chair, Revenue Enhancement Task Force
Past Chair, Strategic Planning Committee
Past Co-Chair, Practice Management Committee
Past Member-at-Large
Past President, Past Secretary/Treasurer, Chapter I

Idaho Psychological Association Co-Chair,

Ethics Committee

American Psychological Association Society

of Consulting Psychology

Division of Psychologists in Independent Practice

State, Provincial and Territorial Psychological Association Affairs

Inland Northwest Business Alliance

Consulting Professionals Network

Publications:

Haight, L. & Asbell, L. (2008). Breaking up is Hard to Do. *Inland Business Catalyst*, 4 (5), 56- 57.

Asbell, L. (2003). *Leadership Theory, Research, and Application*. Paper presented at the Washington State Psychological Association Fall Convention, Seattle, WA.

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- Asbell, L. (2002). Working with Organizations and Businesses. *The Washington Psychologist*, 57(5), 1, 10.
- Asbell, L. (1999). Disability Landmines. *The Washington Psychologist*, 53(2), 1, 4-5.
- Asbell, L. & Hilliard, I. (1999). Transition to Leadership. *The Washington Nurse*, 29(3), 20-21.

Research:

Current Research: *Managerial Leadership Skills of Assistant Nurse Managers Working in Public Sector Psychiatric Hospital*, a Multi-Year Project with the Intercollegiate Center for Nursing, Gonzaga University, and Eastern State Hospital

Thesis: *Differential Response to a Disturbing Reality: Perceived Control, Depression, And Stress*

Dissertation: *Style of Coping, Daily Hassles, and Hardiness as Mediators and Outcomes in The Stress-Illness Relationship: A Prospective Study*

Education:

1983 to 1988 PhD, Clinical Psychology, Washington State University, Pullman, Washington

1987 to 1988 APA Approved Internship, Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine, Seattle, Washington

1976 to 1979 MA, Psychology, Midwestern State University, Wichita Falls, Texas

1972 to 1974 BA, *Summa Cum Laude*, Psychology, Minor in Sociology, Midwestern State University, Wichita Falls, Texas

1970 to 1971 Western Wyoming College, Rock Springs, Wyoming

Spring, 1969 University of Wyoming, Cheyenne, Wyoming

Summer, 1969 East Texas State University, Commerce, Texas

1965 to 1968 University of Maryland, Ramstein, Germany

Scholastic Honors:

Distinguished Alumnus, Division of Behavioral and Social Sciences, Midwestern State University

Senior Woman of the Year, Midwestern State University

Outstanding Psychology Student, Midwestern State University

Who's Who Among Students in American Colleges and Universities, Midwestern State University President's Honor Role Scholarship, Western Wyoming College Western Wyoming College Civic Scholarship