

ASBELL

HEALTH STRATEGIES

Laura Asbell, Ph.D.

Current Positions:

Clinical Psychologist, Asbell Health Strategies
Management and Organizational Consultant

Professional Services: *Clinical Psychology, Management and Organizational Systems*

Professional Licensing and Certification:

Psychologist, Washington, License Number PY 00001310
Psychologist, Idaho, License Number PSY-279
National Register of Health Service Providers in Psychology, Certificate Number 41289
ASPPB Certificate of Professional Qualification in Psychology, CPQ Number 4319
ASPPB Interjurisdictional Practice Certificate, IPC Number 4319

Professional Organizations and Activities:

Washington State Psychological Association

Chair, Ethics and Professional Standards Committee
Past President
Past Treasurer, Board of Trustees
Past Chair, Revenue Enhancement Task Force
Past Chair, Strategic Planning Committee
Past Co-Chair, Practice Management Committee
Past Member-at-Large
Past President, Past Secretary/Treasurer, Chapter I

Idaho Psychological Association

Past Chair, Ethics Committee

American Psychological Association

Society of Consulting Psychology
Division of Psychologists in Independent Practice
State, Provincial and Territorial Psychological Association Affairs
Inland Northwest Business Alliance

Publications:

- Haight, L. & Asbell, L. (2008). Breaking up is Hard to Do. *Inland Business Catalyst*, 4 (5), 56- 57.
- Asbell, L. (2003). *Leadership Theory, Research, and Application*. Paper presented at the Washington State Psychological Association Fall Convention, Seattle, WA.
- Asbell, L. (2002). Working with Organizations and Businesses. *The Washington Psychologist*, 57(5), 1, 10.
- Asbell, L. (1999). Disability Landmines. *The Washington Psychologist*, 53(2), 1, 4-5.
- Asbell, L. & Hilliard, I. (1999). Transition to Leadership. *The Washington Nurse*, 29(3), 20-21.

Research:

- Research: *Managerial Leadership Skills of Assistant Nurse Managers Working in Public Sector Psychiatric Hospital*, a Multi-Year Project with the Intercollegiate Center for Nursing, Gonzaga University, and Eastern State Hospital
- Thesis: *Differential Response to a Disturbing Reality: Perceived Control, Depression, And Stress*
- Dissertation: *Style of Coping, Daily Hassles, and Hardiness as Mediators and Outcomes in the Stress-Illness Relationship: A Prospective Study*

Education:

- 1983 to 1988 PhD, Clinical Psychology, Washington State University, Pullman, Washington
- 1987 to 1988 APA Approved Internship, Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine, Seattle, Washington
- 1976 to 1979 MA, Psychology, Midwestern State University, Wichita Falls, Texas
- 1972 to 1974 BA, *Summa Cum Laude*, Psychology, Minor in Sociology, Midwestern State University, Wichita Falls, Texas
- 1970 to 1971 Western Wyoming College, Rock Springs, Wyoming
- Spring, 1969 University of Wyoming, Cheyenne, Wyoming
- Summer, 1969 East Texas State University, Commerce, Texas
- 1965 to 1968 University of Maryland, Ramstein, Germany

Scholastic Honors:

- Distinguished Alumnus, Division of Behavioral and Social Sciences, Midwestern State University
- Senior Woman of the Year, Midwestern State University
- Outstanding Psychology Student, Midwestern State University
- Who's Who Among Students in American Colleges and Universities, Midwestern State University
- President's Honor Role Scholarship, Western Wyoming College
- Western Wyoming College Civic Scholarship